



An Important Update as May 15, 2021

The Team and I hope you and your family are in good health and safe. Our community has been through a lot over the last year, and all of us are looking forward to resuming our normal habits and routines as more vaccines are completed. With the CDC updates and Governor Northam lifting the mask mandate for those of you who are fully vaccinated, we are still requiring all to wear a mask as many of our patients may not be fully vaccinated, are immune compromised, or feel more comfortable wearing a mask. At Sleep and TMJ Therapy, the team and I remain diligent to our constant commitment to your health and your safety and ask each of us to treat each other with respect and kindness as we take this next step forward together.

With these new guidelines, no changes have been added to our protocols. To ensure everyone's safety and when it is time for your next appointment, please follow these guidelines:

- Scheduling an Appointment
 - To allow for and manage social distancing between patients and the team, we ask you to be understanding if you are offered slightly limited options for your appointment time.
 - In addition, we ask the appointment to be for the patient ONLY. We understand if a parent or caregiver is needed, and we certainly can accommodate for that.
 - If you are with the patient and do not wish to come in, we can use facetime or skype to include you in the visit.
 - Another option for consults with Dr Brown is to use our telemed system (Doxy.Me). This will allow you to stay home but still speak with Dr Brown and a team member.

- Confirming the Appointment
 - Our prescreening checks will arrive electronically 2 days before your appointment. Please complete and return all forms that day or the next. These screening questions are directed for all who will be at the appointment (patient and/or parent/caregiver).
 - These questions will be reviewed by our team and if not completed you will receive a follow up call.
 - Please return our call if a message is left prior to your appointment so that there is no delay or need to reschedule your time.

- Entering the Office
 - The patient and the companion **are required to wear a mask or face covering while in the office.**
 - Temperature checks are still being completed and **please wait at the entryway** until directed to come in.
 - When entering the operatory, you will still be asked to wash your hands. If this is a consultation, we will ask you to use hand sanitizer which we will supply.

We look forward to seeing you and are happy to answer any questions you may have about the steps to keep you, other patients, and our team safe within our practice. Please call the office at 703-821-1103 or visit our website at www.sleepandtmjtherapy.com.

*Thank you for your trust and loyalty!
Dr. Jeffrey Brown and Team*