



Important Message from Dr. Jeffrey Brown

The Team and I hope this email finds you and your family in good health and safe. Our community has been through a lot over the last few months, and all of us are looking forward to resuming our normal habits and routines as best we can. While many things have changed, one thing at Sleep and TMJ Therapy has remained the same, our constant commitment to your health and your safety.

As you know, infection control has always been a top priority in our practice. It is our goal to consistently make sure that you feel comfortable and safe while in the office. With the governor's order being lifted, we are now allowed to treat not only emergencies, but elective procedures as well. Although we are allowed to return to our normal schedule, we are still limiting the number of patients seen a day so we can maintain proper social distancing and our sanitization processes.

Our office follows infection control recommendations made by the American Dental Association (ADA), the U.S. Centers for Disease Control and Prevention (CDC) and the Occupational Safety and Health Administration (OSHA). We continue to closely monitor the recommendations of these agencies so that we are up to date on any new rulings or guidance that may be issued. With these guidelines, some changes have been added to our protocols to ensure everyone's safety.

When it is time for your next appointment, you will see some changes along with our already strict infection control protocols. For each patient coming in, we are now asking you, the patient, to follow these guidelines to keep everyone safe:

- **Scheduling an Appointment**
 - To allow for and manage social distancing between patients and the team, we ask you to be understanding if you are offered slightly limited options for your appointment time.
 - In addition, we ask the appointment to be for the patient **ONLY**. We understand if a parent or caregiver is needed and we certainly can accommodate for that.
 - Our goal is to do our best to reduce wait times for you, as well as to reduce the number of people in the office at any one time. Should you choose, you may wait in your car and we can text you when we are ready to bring you directly to the treatment area or use skype to include you in the appointment visit.
 - Another option would be for a consult using our telemed system which would allow you to stay home but still speak with Dr Brown.

- **Confirming the Appointment**
 - One of our administrative team members will call you **2** days before your appointment to ask some screening questions. They will be directed for all who will be at the appointment (patient and/or parent/caregiver).
 - These questions will be reviewed by your assistant again when you come in and are seated.
 - Please return our call if a message is left prior to your appointment so that there is no delay or need to reschedule your time.

- Entering the Office
 - The patient and companion are required to wear a mask or face covering.
 - Please wait at the entryway to have your temperature checked and we will ask you to use hand sanitizer which we will supply.

We look forward to seeing you again and are happy to answer any questions you may have about the steps to keep you, other patients, and our team safe within our practice.

To make an appointment, please call or text our office at 703-821-1103 or visit our website at www.sleepandtmjtherapy.com.

Thank you for being our patient. We value your trust and loyalty and look forward to welcoming back our patients, neighbors, and friends in the safest way possible.

Sincerely,

-Dr. Jeffrey Brown and Team